



## BARRINGTON BASEBALL Incoming Freshman Guide

*\*List of Items Baseball Families should be aware of\**

- 1) Our informational website is [www.Bhsbaseballboosterclub.org](http://www.Bhsbaseballboosterclub.org)
- 2) You will be able to find a Facebook Page Link and a twitter feed on our webpage.
- 3) Get on our mailing list! Sign up on our website to be on the mailing list so you can receive blasts about upcoming events, program announcements, showcases, etc.

*\*Upcoming events to be aware of\**

- 4) We have an incoming **summer frosh baseball camp** during the summer. You will find the details in the summer school program. The camp runs for three weeks in early June starting at 9am and ending at 11am. Pat Wire, Head Varsity Baseball Coach and former/current Barrington Baseball players coach this program. The major emphasis of camp is to provide the experience and expectations of Barrington Baseball at BHS. Camp Fee \$145 Equipment/Camp Fee \$35 Campers receive two baseball shirts.
- 5) All of our players are provided an opportunity to participate in an **Fall/Winter** offseason training program. Coach Mulvaney is in charge of the fall program. Signup or questions should be directed to Coach Mulvaney at [Mmulvaney@barrington220.org](mailto:Mmulvaney@barrington220.org) This program is encouraged for players who would like to continually work to get better. The program has two components: baseball specific workouts on the Varsity field and strength, speed, and agility. The program begins the week of Labor Day and runs all the way up to tryouts. Details about the program will be provided in one or all of the following: 1) email blast 2) player-coach meetings at the high school 3) our website. The cost of the program is 50 dollars. Checks are made out Barrington Baseball or Hit and Run Club. \*The program is not mandatory and players in fall or winter sports should not participate in this fall program.
- 6) **Summer Baseball:** We currently have the following summer teams available for players to sign up for. Expectation is: All players sign up to play on one of these teams. Common question? What do we do for weekend play? Feel free to play travel baseball unless you believe you can compete to play on our legion team. Contact Coach Gray if you have any questions about this or anything else involving legion. [Negray@barrington220.org](mailto:Negray@barrington220.org)
  - 1) Legion Team – Play everyday
  - 2) Summer Varsity Red – play M-T-W
  - 3) Summer Varsity Black – play M – T – W
  - 4) Summer JV – play M – T – W